



TRANSPORTATION
RESEARCH AND EDUCATION
FOR DRIVING SAFETY

RESOURCES FOR SAFE DRIVING

DRIVER EDUCATION – Refresh Knowledge of the Rules of the Road

California Highway Patrol: Provides "Age Well, Drive Smart" classes in the community
To find your local CHP office, visit: bit.ly/CHPOffice

AAA RoadWiseDriver: Online only
bit.ly/RoadWise

AARP Smart Driver Course: In-person and online
800-350-7025 | bit.ly/SmartDriverAARP

Lifelong Driver Program: Interactive computer course
855-839-9090 | bit.ly/LifelongDriver

DRIVER SELF-ASSESSMENT TOOLS

Safe Driver Checklist: A checklist for older drivers to identify risks
bit.ly/ChecklistDMV

Drivers 65 Plus: A 15-question self-rating tool to determine driving performance
bit.ly/Driver65Plus

DRIVER EVALUATION PROGRAMS – Physician Referral Required

Occupational Therapist Driving Programs
bit.ly/DriverSearch

The Association of Driver Rehabilitation Specialists
866-672-9466 | bit.ly/aded1

CAR COMFORT AND SAFETY

Assistive Accessories for Your Car: Devices to optimize comfort and safety
bit.ly/CarDevices

CarFit: Program evaluates how well a driver and their vehicle 'fit' for safety and comfort
car-fit.org

ADAPTIVE EQUIPMENT FOR VEHICLES

Resources for non-prescription items such as the HandyBar, leg lifter or swivel seat

Performance Health - Items available online
800-323-5547 | performancehealth.com

In-store: Walmart, drug stores, automotive stores

Online: Allegromedical.com; Amazon.com

ADDITIONAL RESOURCES

California Department of Aging: Services to older adults
916-419-7500 | aging.ca.gov

California Department of Motor Vehicles dmv.ca.gov

Driver's Handbook bit.ly/DMVhandbook

Information for Seniors bit.ly/InfoSeniors

Practice Tests - Sample questions to prepare to take a written test
bit.ly/DMVSample

ChORUS: Clearinghouse for Older Road User Safety: A centralized source of information pertaining to highway safety for aging drivers
bit.ly/Chorus-Seniors

Getting There Worksheet: Questions to ask about alternative transportation options
bit.ly/GetThereSafely

National Highway Traffic Safety Administration: Information on driver safety issues
nhtsa.gov

Transportation Cost Worksheet: Determines the annual costs of owning & operating a car
bit.ly/VehicleCost

MyMobility Plan: Helps with planning for potential mobility changes
bit.ly/MobilityPlanning

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