



# DRIVER EDUCATION - Refresh Knowledge of the Rules of the Road

California Highway Patrol: Provides "Age Well, Drive Smart" classes in the community

To find your local CHP office, visit: bit.ly/CHPOffice

AAA RoadWiseDriver: Online only

bit.ly/RoadWise

AARP Smart Driver Course: In-person and online

800-350-7025 | bit.ly/SmartDriverAARP

**Lifelong Driver Program**: Interactive computer course

855-839-9090 | bit.ly/LifelongDriver

### DRIVER SELF-ASSESSMENT TOOLS

**Safe Driver Checklist:** A checklist for older drivers to identify risks

bit.ly/ChecklistDMV

**Drivers 65 Plus:** A 15-question self-rating tool to determine driving performance

bit.ly/Driver65Plus

## DRIVER EVALUATION PROGRAMS - Physician Referral Required

**Occupational Therapist Driving Programs** 

bit.ly/DriverSearch

The Association of Driver Rehabilitation Specialists

866-672-9466 | bit.ly/aded1

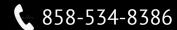
#### CAR COMFORT AND SAFETY

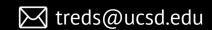
**Assistive Accessories for Your Car:** Devices to optimize comfort and safety

bit.ly/CarDevices

CarFit: Program evaluates how well a driver and their vehicle 'fit' for safety and comfort

car-fit.org





## ADAPTIVE EQUIPMENT FOR VEHICLES

Resources for non-prescription items such as the HandyBar, leg lifter or swivel seat

**Performance Health** - Items available online 800-323-5547 | performancehealth.com

**In-store:** Walmart, drug stores, automotive stores

**Online**: Allegromedical.com; Amazon.com

#### ADDITIONAL RESOURCES

California Department of Aging: Services to older adults

916-419-7500 | aging.ca.gov

California Department of Motor Vehicles dmv.ca.gov

Driver's Handbook
Information for Seniors
bit.ly/InfoSeniors

**Practice Tests -** Sample questions to prepare to take a written test

bit.ly/DMVSample

**ChORUS: Clearinghouse for Older Road User Safety:** A centralized source of information pertaining to highway safety for aging drivers **bit.ly/Chorus-Seniors** 

**Getting There Worksheet:** Questions to ask about alternative transportation options bit.ly/GetThereSafely

**National Highway Traffic Safety Administration:** Information on driver safety issues <a href="https://nhtsa.gov">nhtsa.gov</a>

**Transportation Cost Worksheet:** Determines the annual costs of owning & operating a car bit.ly/VehicleCost

**MyMobility Plan:** Helps with planning for potential mobility changes bit.ly/MobilityPlanning

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